



TODAY'S GUEST SPEAKER



Dr. Lakshmi Vijayakumar, Psychiatrist

Dr. Lakshmi Vijayakumar is the founder of SNEHA, an NGO in Chennai for the prevention of suicide. She is the Head, Department of Psychiatry, Voluntary Health Services, Adyar, Chennai. She is a member of the W.H.O's International Network for Suicide Research and Prevention. She is an Honorary Associate Professor in the University of Melbourne, Australia and Hon Adjunct Professor, University of Griffith, Australia.

She has been conferred Honorary Fellowship of the Royal College of Psychiatrists (FRCPsych), U.K. for her work on suicide prevention and also has been conferred FRCP (EDIN), She was awarded the Ringel Service award by IASP in June 2015.

She has published widely in peer reviewed journals and has authored several chapters and edited two books.

MODERATOR



Ms Molly Thambi, Counsellor

Ms Molly Thambi is currently Dy. Director, Lifeline Foundation Kolkata. Lifeline Foundation, an NGO, has been working in the field of suicide prevention in Kolkata for the past 24 yrs.

She also holds the position of Joint Secretary at ANTARA - a 230 bed psychiatric & de-addiction facility near Baruipur.

Ms. Thambi has held various senior management positions in a career spanning over two decades with organisations like National Stock Exchange and HSBC. Her last corporate role was as Managing Director & CEO of Calcutta Stock Exchange.

She is a trainer, as well as a qualified counselling & stress management therapist.

Ms. Thambi now actively works in the field of mental health and suicide prevention.

★ Special address by Rtn Shekhar Mehta, Rotary International President Elect. ★

THE CLUB DONATES HOSPITAL EQUIPMENT

ROTARY CLUB OF CALCUTTA
RID 3291
HEALTH COMMITTEE

Humanity Hospital
Vill : Hanspukur
P.O : Joka
P.S : Thakurpukur
W.B : 700 104
India

26th August 2020

Donated by : Project Surama
Project Cost : Rs 1,51,000

3 Fowler Beds * 3 Mattress * 1 Food Trolley
1 Bed Side Locker * 2 Saline Stands
1 Wheel chair * 1 Examination Bed

Our Club donated hospital equipment worth about Rs. 1,51,000 to Humanity Hospital, Hanspukur in Thakurpukur area on 26 August.

Kudos to the Health Committee and the donor, *Project Surama*.

Full report in Page 2

MEMBERS ENJOY AN EVENING SHOWER

See Page 5

DONATION OF HOSPITAL EQUIPMENT TO HUMANITY HOSPITAL, HANSPUKUR

Venue: Rotary Sadan

Date: 26th Aug, 2020

Time: 11.00 AM



A team from R C Calcutta led by President Dr. Debashis Mitra, representing the Healthcare Committee, donated certain essential hospital equipment to Humanity Hospital, Hanspukur, in Thakurpukur at a ceremony on 26th Aug, 2020. The donations were entirely funded by Rtn Arindam Roychoudhury, under the banner of Project Surama, a trust founded in the fond memory of his grandmother. Mr Subhankar Kar, hospital Superintendent, received the gift on behalf of the hospital. The ceremony was attended by R C Calcutta officials including President Mitra, Hony Secy. Bodhi Brata Das, IPP Purnendu Roychoudhury, Prez Elect Sujata Pyne, PP Abhijit Kolay, Rtn. Atindra Nath Sen, Hony. Treasurer Ashok Basu and Rtn. Amit Ghosh.

Humanity Hospital is a Multi Speciality hospital, founded in 1996, under a Trust formed by Dr Ajoy Kumar Mistry and his mother Padmashri Subasini Mistry, a lady of meagre & humble origin. Dr Mistry, Chairman & Managing Trustee of Humanity Trust, has nurtured the hospital to its current 45 bed facility at Hanspukur, with a 25 bed branch in Gosaba, South 24 Parganas. Humanity's Vision Statement includes "Free treatment for the needy, expanding to remote places in true spirit of service to humanity". Humanity Hospital is currently a listed Covid-19 hospital declared by Govt. of West Bengal, and the hospitals both at Hanspukur and Gosaba, and all its facilities of ICU, ventilator support, Infection control programs, are dedicated for treatment of Covid patients.

The equipment package donated to Humanity Hospital includes:

- | | |
|-------------------|------------------|
| 3 Fowler Beds | 2 Saline stands |
| 3 Mattresses | 1 Bed-side table |
| 1 Examination Bed | 1 Food trolley |
| 1 Wheel chair | |

The gift was gracefully received by Mr Kar, Superintendent, Humanity Hospital. He, on behalf of Dr Ajoy Mistry, conveyed his deep gratitude. The equipment reached Humanity Hospital on the same day, was 'unpacked', and 'put to use' for patient care immediately.



Reported by Rtn. Amit Ghosh

ANNOUNCEMENTS & REPORTING

RECENT EVENTS HELD

ROTARACT CLUB OF CALCUTTA INITIATIVE (30/08)



ROTARACT CLUB OF CALCUTTA
in association with
Rotaract Club of George College
Rotaract Club of George School of Law

INTER ROTARACT CONFERENCE
30th August, 2020 | 6.00 - 8.00 pm
Zoom ID: 841 8787 0000 (no password)

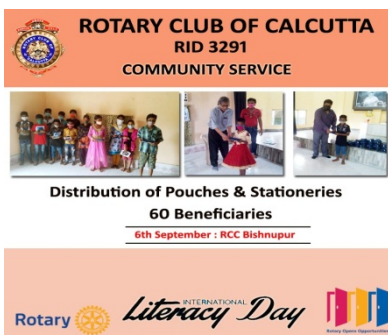
CHIEF GUEST
MR. ABHISHEK KUNOTA
Founder CEO, Indus Nat Technologies
President, I.E. Kolkata (2019-2021)
Chairman, DigitalMarketingUniversity.com

GUEST SPEAKER
Theme: Work Life Balance
RTN. DEBARSHI DUTTAGUPTA
Managing Director
East India Pharmaceuticals Works Ltd.

GUEST SPEAKER
Theme: How to create a Start-Up
MR. RANGDEEP SAHA
Founder CEO | IEDM Speaker
Pune Floral Handicrafts Pvt. Ltd.

Conference Moderator
RTN. DEBASISH BISWAS
Chairman - Youth Services
Rotary Club of Calcutta

RCC & COMMUNITY SERVICE COMMITTEE INITIATIVE (06/09)



ROTARY CLUB OF CALCUTTA
RID 3291
COMMUNITY SERVICE

Distribution of Pouches & Stationeries
60 Beneficiaries
6th September : RCC Bishnupur

Rotary Literacy Day

ATTENDANCE REPORT (25.08.2020)

Total Members	241
Members Present	57
Exempted Members	79
Visiting Rotarians & Guests	6

NEXT WEEKLY MEETING (Virtual) 15th September, 2020

The next RWM (virtual) will be held on **15th September, 2020 in the evening at 6:00 p.m.**

Speaker: *Mr Jayant Sinha, Chairperson - Standing Committee of Finance, Govt of India*

Topic: *Getting to the Green Frontier- A unique development model for India*

It will be a Joint Regular Meeting with Rotary Club of Calcutta Chowringhee



Happy Birthday

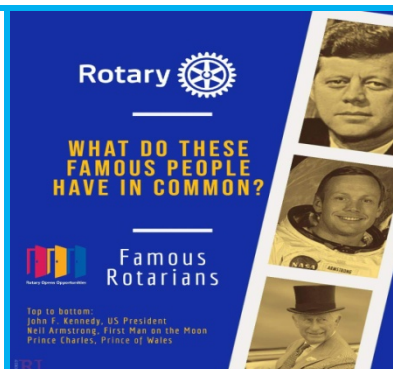
Dr. Indrani Lodh	1 September	Tushar Basu	7 September
Dr. Harsh Vardhan Agrawal	1 September	Debashis Mitra	8 September
Suchitra Sen	2 September	Samrat Sen	9 September
Kunal Dalmia	2 September		
Dr. Ajay Agarwal	4 September		
Biswajit Datta	4 September	Suman Chakraborty	10 September
Dr. Somendra Chandra Nandy	5 September	Subimal Bose	12 September
Tushar Basu	7 September	Deepak Kumar Khemka	13 September



MISCELLANY



BREAKING NEWS
Rtn Salwa El Haddad is now a **member** of the **Egyptian Senate!** Many congrats to her. Members will recall that she was with us during the centenary celebrations.



Rotary

WHAT DO THESE FAMOUS PEOPLE HAVE IN COMMON?

Famous Rotarians

Top to bottom:
John F. Kennedy, US President
Neil Armstrong, First Man on the Moon
Prince Charles, Prince of Wales

MEMBERS' BOXContributed by *Rtn Hirak Ray**Rezang La Battle – Fortunate Insight*

When 123 Indian soldiers faced impossible odds against 3000 well-armed Chinese and fought to the last man.

On a freezing and unforgiving November night, 123 Indian Soldiers – frost bitten, weary, hungry and heavily outnumbered – defied the might of the rampaging Chinese army. On November 18, 1962, Major Shaitan Singh and men of Charlie Company, 13 Kumaon Regiment, forever passed into the mists of legends. Responsibility to defend Chushul in Ladakh fell on the small force of 123 army men eventually in course of the battle.

Unfortunately, this Company had no suitable winter clothing and they were under armed and unprotected and to add to the already impossible situation, Charlie Company was “Crested to artillery”. This meant that there was an intervening feature, which did not allow Charlie Company the cover and protection of Indian armies’ artillery.

Heavily armed Chinese army attacked them with full force and might. The platoon, true to their training, held their fire till the last moment. When the Chinese were a mere 90 meters away, the platoon opened up with all their weapons. The fire was devastating and hundreds of Chinese dead bodies littered the “nullahs”. The second wave of the Chinese army was repulsed.



Major Shaitan Singh moved from platoon to platoon, firing at the enemy and encouraging his men. He ignored the grave danger to his life and kept fighting.

Thereafter, under severe attack of large Chinese force, Kumaon Regiment ran out of ammunitions and they fought with their bare hands. Naik Ram Singh, a wrestler, killed many Chinese soldiers with his bare hands before he was shot in the head. They repulsed seven attacks by the Chinese.

After cease fire on November 21, 1962 when Indian army visited Charlie Company location, Major Shaitan Singh was found holding his weapon meaning he had died fighting. The nursing assistant was found dead with bandages and a syringe in his hand. The Mortar section commander was found dead holding a mortar round. Out of the thousand mortar rounds that Charlie Company had, all but seven had been fired.

Indian army also found that the soldiers faced the enemy and took the hail of bullets to the chest and none of them was hit on the back as none of them retreated.

Major Shaitan Singh Bhati was posthumously awarded Paramvir Chakra, the highest recognition. The Company was also awarded eight Vir Chakras and four Sena Medals. Charlie Company was later re-designated as Rezang La Company.

Most of the above information is in public domain. I was very fortunate to have an insight to this later. On November 18, 1979, we were in Ranikhet, the headquarters of Kumaon Regiment, in a guest house located within the army cantonment zone. We attended the commemoration of Rezang La Battle Day deep inside the hills with enacting of the fights. There were stories of extreme bravery narrated by very senior army men. The best we got to learn that there were Chinese flags laid by the side of each corpse as a sign of highest respect. We felt overwhelmed and feel all Indians should know this.



RIMJHIM GIREY SAAWAN - A BARSHA FEST WITH FELLOWSHIP ADDA

On 23rd August 2020 the Fellowship Committee and Members' Escapades Committee organised the program SAWAN FEST WITH ADDA on zoom to celebrate monsoon with some fun, music and masti.



The Chairperson of Members' Escapades committee Rtn. Sonal Worah and R-Ann Roshni Ganguli conceptualised and co-ordinated the event.

It was a multi faceted program showcasing the talent in our Club. The program had dances by Roshni Ganguli, Sucharita Roychowdhury, Sriranjani Joshi, Shampa Ghosh, Meena Basu in a beautiful collage of performances as well as Shinjini Bose dancing to



Rabindra Sangeet, Anand Sharma and wife Madhu singing and dancing to a Raj Kapoor hit, and icing on the cake was provided by the first lady Sambhi Mitra with daughter Sonakshi and son Anish putting up a beautiful dance sequence. Singing stars were Ivy De, Anusua Das singing in Bengali and Hindi, Nilima Joshi a medley in Hindi, Shradha Agarwal and Debasish Biswas. Comic relief was provided through live jokes session by HIRAK RAY and SHANTNU DEB MOOKERJI. There was also a brilliant Skit written and directed by Hon. Secretary



Bodhibrata Das titled "Barely Speaking by Mr Goswami" featuring Dr Ashok Ghosal, Purnendu Roychowdhury, Anusua Das, Bodhibrata Das, Sambhi Mitra and daughter Sonakshi with Somnath Banerjee in the title role. A plethora of



performances. It was very well compared by Sonal and Roshni, the scripting was done by Ranjana Ray and technical support was provided by Debasish Biswas.



It was followed by a fellowship Adda which had impromptu singing by Nilima Joshi, Ashok Basu 4, Debasish Biswas, Anusua and IPP Purnendu's daughter Rajeswari. Lovely! Hearty thanks to all the participants and Sonal and Roshni for putting up such a beautiful program

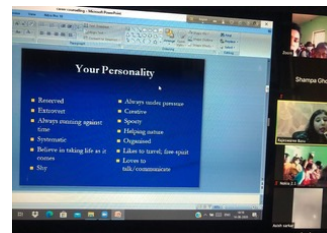
Reported by Rtn. Raj Agrawal, Chairperson, Fellowship Committee

CAREER COUNSELLING – 14TH AUGUST

Vocational Service Committee of Rotary Club of Calcutta organised a Career Counselling Session for students of our RCCs on the 14.8.2020, from 4 pm - 5pm. The number of candidates who attended the session was 50-60. The target



audience was from RCC Dara, Krishnanagar, Duttapukur, Bishnupur and SCIR. Underprivileged students from Classes X - XII, were chosen, who do not have access to qualified career counsellors and in turn are unaware of the career choices available in today's world and how to choose the right profession for a bright and successful career.



Ms Rajeshwari Basu, Career Counsellor and RCI Registered Psychologist, M.A. in Applied Psychology with specialisation in Clinical Psychology, P. G. Diploma in Rehabilitation Psychology, Assistant Professor (UGC NET Qualified), conducted the session. She started with an informative PowerPoint presentation followed by an interactive question and answer session. It was a fruitful session as there was a good turnout for the meeting. Smart phones and computers were used for logging in to the zoom meeting. The enthusiasm of the students who attended made the program a success.

Reported by Rtn. Shampa Ghose, Chairperson Vocational Service Committee

MINUTES OF THE MEETING FOR THE 4777TH REGULAR WEEKLY MEETING HELD ONLINE ON 25 AUGUST AT 12 NOON

- 1 President, Rtn. Debashis Mitra welcomed all members and guests and called the 4777th regular weekly meeting of the Club to order.
- 2 National Anthem was led by PP Nilima Joshi.
- 3 Minutes of the 4776th meeting of the Club held on 14th August, 2020 on zoom were confirmed.
- 4 The President announced that Dr. Jai Ranjan Ram, renowned Psychiatrist would address on that day. Dr. Ram would speak on "Mental Health in Today's Pandemic Scenario" Thereafter all members welcomed Dr. Jai Ranjan Ram in our Rotary manner.
- 5 President, Rtn. Debashis Mitra then welcomed all Visiting Rotarians and Guests who were attending the meeting and conveyed greetings to their Clubs.
- 6 President Reported :
 - i. *15th August* - Celebrated Independence Day followed by cultural programme by the students of Cultural Section at Rotary Sadan by adhering to the norms of social distancing to ensure safety and hygiene of everyone. Dist Governor, Sudip Mukherjee inaugurated the program.
 - ii. *15th August*, - After the Independence Day celebration, the Club donated and distributed through Community Service & RCC Committee, mosquito nets to our RCCs at Rotary Sadan by the hands of the Dist Governor.
 - iii. *20th August* - Women Empowerment Committee organised a Round Table discussion,
 - Topic: "Equality and Safety of women" between 3 p.m. to 4 p.m. on zoom. Dr. Shashi Panja, Minister of State for Women and Child Development and Social Welfare addressed on that day.
 - iv. *21st August* - Vocational Service Committee organised Career Counselling programme on zoom between 4 p.m. to 5.30 p.m.
 - v. *23rd August* - Members' Nite & Escapades Committee and Fellowship Committee jointly organised "Rimjhim Girey Saawan", which showcased performances of songs , dances , other surprise items and chai-sipping Adda from 6.30 p.m. onwards on zoom.
- 7 President Announced
26th August, 2020 - The Club would donate through "Project Surama", three fowler beds, three mattress, one food trolley, one bed side locker, two saline stands, one wheel chair and one examination bed to Humanity Hospital, Hanspukur, at Joka. Total Cost of the project would be around Rs. 1,51,000/-totally donated by Rtn. Arindam Roychowdhury. On behalf of the Club, President thanked Rtn. Arindam Roychowdhury for his generous contribution.
- 8 At the request of the President, Hony. Secretary, Bodhi Brata Das conducted the Club business, thus:
 - i. Hony. Secretary welcomed all members and guests.
 - ii. He announced names of Rotarians celebrating their Birthdays during the week ending 31st August, 2020 and conveyed best wishes to them.
 - iii. He also announced that next RWM of the Club would be held on Tuesday, 1st September, 2020 at re-scheduled time of 5.30 p.m. online. Speaker: Ms Renuka Chowdhury, Rajya Sabha MP and Former Union Minister of Women and Child Development and Tourism. Topic: "Women in Politics".
 - iv. Hony. Secretary then announced that the Second Meeting of the Board of Directors (2020-21) of the Club would be held on Monday, 31st August at 6.30 p.m. on Zoom and requested all Board Members to kindly make a note of it and attend.
- 9 At the request of the President, Dr. Jai Ranjan Ram addressed the audience.
- 10 The address was followed by an interactive Q&A session where many attendees participated.
- 11 Rtn. Sarvani Gooptu proposed a formal vote of thanks to Dr. Ram on behalf of the Club.
- 12 The Club remembered with Good wishes Rotary Club of Rourkela Steel City, India, RI Dist. 3261
- 13 The meeting was adjourned at 1.10 p.m.

Debashis Mitra

President

Bodhi Brata Das

Hony. Secretary

ONE WORLD

We remember with good wishes
Rotary Club of New Ballygunge,
Kolkata, RI Dist. 3291